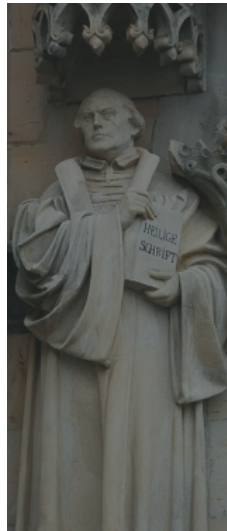


500 Years on the *MOVE* for Hunger!



ELCA World Hunger
Evangelical Lutheran Church in America
God's work. Our hands.

**Join the Rocky Mountain Synod's
Hunger Network and get *MOVING*
in 2017 to commemorate the 500th
Anniversary of the Reformation**



“Therefore, we should be guided in all our works by this one thought alone – that we may serve and benefit others in everything that is done, having nothing before our eyes except the need and advantage of the neighbor.”

Martin Luther
Freedom of a Christian, 1520

Participate as individuals, teams, and/or congregations!

500 Years on the MOVE for Hunger in 2017 (through 1/31/18)

- + ***Learn about the Reformation roots of hunger ministries and ACCOMPANIMENT.***
- + ***Meditate as you MOVE at least 500 steps or miles more than you did in 2016.***
- + ***Take steps to educate. Commit to learning something new about the work of ELCA World Hunger...share the knowledge with others.***
- + ***Walk 500 steps with your neighbors. Find new ways to meet and serve people who are living in poverty. Volunteer 500 hours. Give 500 items or \$500.***
- + ***Move from mercy to justice. Walk out of your comfort zone and advocate for policies that address the root causes of hunger and poverty.***
- + ***Increase giving to ELCA World Hunger by at least \$500.***

Set Your Goal...and Share Your Ideas and Progress!!

Use some ideas on the back of this flyer to design your project and goal.

Get creative! What new activity might energize your congregation?

Register your project and goal by filling out and submitting the form found on the website for this campaign: www.rmselfca.org/hunger500

Questions? Contact Cindy Robles at crobles05@hotmail.com (563.845.8221)

ADVENT, CHRISTMAS, TIME AFTER EPIPHANY

Advent is the beginning of the church year and a great time to focus on preparing for a Christmas celebration that truly honors the Christ child. Try an **Advent Tree** complete with Good Gifts ornaments. Host a **Good Gifts Fair**. Make the new **Advent Calendar** freely available. **Worship litanies and other resources** are great helps!



December 1 is World AIDS Day, an opportunity to unite in fighting HIV and AIDS, supporting those who live with HIV, and mourning those who have passed. ELCA World Hunger supports programs related to health as part of the comprehensive approach to ending hunger.

The **Super Bowl** (on the first Sunday in February) is a great time to organize a **Souper Bowl of Caring**. Collect cans for a local food pantry and money for ELCA World Hunger in big soup pots.

Valentine's Day offers a fun time to sell Good Gifts Grams (postcards) and maybe offer dark chocolate hearts from Lutheran World Relief's fair trade program.

LENT AND THE SEASON OF EASTER

The 40 Days of Lent are a perfect time to emphasize the work of ELCA World Hunger. Sign up for the **40 Days of Giving** campaign so you can access all the great resources to support that effort. Look at ideas for a **Lenten Meal Series** and other learning and serving guides. Host and debrief a **Hunger Meal**. Don't forget to offer **Buck-a-chick** coloring sheets for brightening your Easter celebration. Even \$1 can help provide a family with animals and resources needed to escape hunger.



World Water Day is on **March 22**. Improving water access and quality creates a variety of opportunities, including better health, more time for work and school. Try setting up a **Do It Yourself Walk for Water** event (now or during warmer weather!).

April 25 is World Malaria Day. After the conclusion of the Malaria Campaign, ELCA World Hunger continues to help communities prevent and treat this disease that claims the lives of 800,000 people a year.

Spring is a great time to plan and plant a **Community Garden** or encourage members to **Plant a Row for the Hungry** and donate produce to a local food bank.

SUMMER AND FALL AND ALL YEAR!

Hunger continues to stalk our neighbors here around the world every season of the year. Special emphasis days can be **Mother's Day** and **Father's Day**, when a coloring sheet greeting or a Good Gift will be meaningful.



Food and Fund Drives are easier to do when the weather doesn't keep everyone inside! Fun and competition can increase participation. Providing a hunger awareness activity from **Food for a Week** or one of the **Tool Kits** can help participants understand why collecting food is important.

Set up a **walk** or **run** or **bicycling race** to raise money for ELCA World Hunger. For those who are not physically active, **use a large map of the world to take a "trip" around the world** and learn about specific projects and programs.

Show a film (like **Rick Steves' "Luther and the Reformation"**) and encourage donations for the film and refreshments. Invite book clubs to read **The Forgotten**

Luther: Reclaiming the Social-Economic Dimension of the Reformation. Then show some of the videos from the conference. KNOWLEDGE INCREASES GENEROSITY!

October 16 is World Food Day. The goal of the observation is to create awareness and actions for those who suffer from hunger as we work towards ensuring food security for all. **Thanksgiving** naturally turns our attention to those whose tables and lives are not so filled with all that is needed for survival and sustainability.

FINDING RESOURCES

There is no shortage of resources. Start with ELCA.org/hunger/resources. Explore all the tabs. Follow **ELCA World Hunger** and **ELCA Advocacy** and **Lutheran Disaster Response** on Facebook and Twitter. Check the Hunger Network's page on rmselca.org/hunger and rmselca.org/hunger500. Look over the Reformation website at ELCA500.org. Visit the ELCA Advocacy website at ELCA.org/advocacy. Use ELCA.org/TeamELCA to set up an on-line donation page for your project!