

The following books are listed in the EiL syllabus as "essential" and "recommended" reading throughout the program.

Essential

- Bradberry, Travis and Jean Greaves, *Emotional Intelligence 2.0*, TalentSmart, San Diego, CA, 2009.

Participants are encouraged to purchase an original copy of *Emotional Intelligence 2.0*. The book contains an assessment tool to track EQ awareness and capacity over the two-year program, and participants will be asked to take the assessment in preparation for Session #2.

Recommended

- Bolsinger, Tod, *Canoeing the Mountains: Christian Leadership in Uncharted Territory*, Intervarsity Press, Downers, Illinois, 2015.
- Brown, Brené, *Dare to Lead*, Random House, 2018.
- Brown, Brené, *Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead*, Penguin Random House, New York, 2012.
- Friedman, Edwin, *A Failure of Nerve: Leadership in an Age of the Quick Fix*, Seabury Books, New York, 2007.
- Heifetz, Ronald, Alexander Grashow and Marty Linsky, *The Practice of Adaptive Leadership: Tools and Tactics for Changing Your Organization and the World*, Harvard Business Press, Boston, 2009.
- Scharmer, Otto, *The Essentials of Theory U: Core Principles and Application*, Inc. Cambridge, Mass., 2018.

The following additional readings are suggested for exploring the *Excellence in Leadership* material in deeper ways.

Emotional Intelligence

- Brackett, Marc, *Permission to Feel*, Celadon Books, 2020.
- Lynn, Adele, *Quick Emotional Intelligence Activities for Busy Managers*, American Management Association, 2007.

Family Systems

- Friedman, Edwin, *Friedman's Fables*, The Guilford Press, New York, 1990.
- Friedman, Edwin, *Generation to Generation*, Guilford Press, 1985.
- Gilbert, Roberta, *The Eight Concepts of Bowen Theory*, Leading Systems Press, 2004.
- Richardson, Ronald W., *Creating a Healthier Church; Family Systems Theory, Leadership, and Congregational Life*, Fortress Press, Minneapolis, 1996.
- Steinke, Peter L., *A Door Set Open; Grounding Change in Mission and Hope*, The Alban Institute, 2010.
- Steinke, Peter L., *Congregational Leadership in Anxious Times; Being Calm and Courageous No Matter What*, The Alban Institute, 2006.

Vulnerability & Shame

- Brown, Brené, *Braving the Wilderness*, Random House, 2017.
- Brown, Brené, TED Talk, *Listening to Shame*, March 2012.
https://www.ted.com/talks/brene_brown_listening_to_shame
- Brown, Brené, Netflix, *The Call to Courage*.
<https://www.netflix.com/title/81010166>
- Brown, Brené, Podcast series, *Unlocking Us*, January 2020.
<https://podcasts.apple.com/us/podcast/unlocking-us-with-bren%C3%A9-brown/id1494350511>

- Brown, Brené, *The Gifts of Imperfection*, Hazelden Publishing, Center City, MN, 2010.
- Neff, Kristin, *Self-Compassion: The Proven Power of Being Kind to Yourself*, HarperCollins Publishers, New York, 2011.
- Neff, Kristin and Christopher Germer, *The Mindful Self-Compassion Workbook*, The Guilford Press, 2018.
- Van der Kolk, Bessel, *The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma*, Penguin Books, 2014.

Organizational Development: Adaptive Leadership & Theory U

- Beaumont, Susan, *How to Lead When You Don't Know Where You're Going: Leading in a Liminal Season*, Rowman & Littlefield Publishers, 2019.
- Cummings and Worley, *Essentials of Organizational Development and Change*, Southwestern College Publishing, 2001.
- Gallagher, Robert, *Fill All Things*, Ascension Press, 2008.
- Gardner, Howard, *Good Work*, Basic Books, 2001.
- Heifetz, Ronald and Marty Linsky, *Leadership on the Line*, Harvard Business Review Press, Boston, MA, 2017.
- Hill, Linda, *Collective Genius: The Art and Practice of Leading Innovation*, Harvard Business Review Press, 2014.
- Hill, Linda, TED Talk, *How to Manage for Collective Creativity*, Sept 2014. https://www.ted.com/talks/linda_hill_how_to_manage_for_collective_creativity
- Leas, Speed, *Discover Your Conflict Management Style*, Alban Institute, 1997.
- Leas, Speed, *Moving Your Church Through Conflict*, Alban Institute, 1997.
- Nipper, Darlene, *Leading From the Inside Out Podcast*, Rockwood Leadership Institute. <https://rockwoodleadership.org/episodes/>
- Scharmer, Otto and Katrin Kaufer, *Leading from the Emerging Future*, Berrett-Koehler Publishers, 2013.
- Scharmer, Otto, *Presence: Human Purpose and the Field of the Future*,
- Schein, Edgar, *Organizational Culture and Leadership*, Jossey-Bass, 2004.
- Senge, Peter, *The Fifth Discipline*, Doubleday, 2006.
- Senge, Peter, *The Fifth Discipline Fieldbook*, Crown Business, 1994.

Spirituality / Theology

- Alison, James, *Undergoing God: Dispatches From The Scene Of A Break-In*, The Continuum International Publishing Group Inc, New York, 2006.
- Barton, Ruth Haley, *Pursuing God's Will Together: A Discernment Practice for Leadership Groups*, InterVarsity Press, 2012.
- Dorff, Francis, *The Art of Passingover: An Invitation To Living Creatively*, Paulist Press, 1988.
- Dougherty, Rose Mary, *Discernment: A Path to Spiritual Awakening*, Paulist Press, 2009.
- Foster, Richard, *Prayer, Finding the Heart's True Home*, Harper San Francisco, 1992.
- Palmer, Parker J, *The Active Life: A Spirituality of Work, Creativity, and Caring*, Jossey-Bass, 1999.
- Pennington, M. Basil and Thomas Keating, *Finding Grace at the Center*, St. Bede Publications, 1978.
- Powell, Mark Allen, *What do They Hear?*, Abingdon Press, 2007.
- Rohr, Richard, *Just This: Prompts and Practices For Contemplation*, SPCK, 2018.
- Rohr, Richard, *The Naked Now: Learning To See As the Mystics See*, The Crossroad Publishing Company, New York, 2009.
- Rohr, Richard, *The Universal Christ*, Convergent Books, 2019.