

Rocky Mountain Synod Menus

Breakfast

Friday, May 4, 2018 and Saturday, May 5, 2018

Hot Breakfast Buffet

Scrambled Eggs

Bacon

Breakfast Potatoes

Toast with butter

Seasonal Whole Fruit

Starbucks Coffee, Decaffeinated Coffee and Hot Tazo Tea selections

Lunch

Friday, May 4, 2018

Asian Lunch Buffet

Chili Glazed Ginger Chicken (gluten free)

Steamed Broccoli (vegan, vegetarian)

Lime Ginger Rice (vegan, vegetarian)

Veggie Tofu Stir Fry (vegan, vegetarian)

Almond Cookies

Starbucks Iced Tea

Ice Water

Dinner

Thursday, May 3, 2018

Italian Dinner Buffet

Caesar Salad (croutons on the side) (vegan, vegetarian)

Pesto Chicken (gluten-free, dairy-free)

Wild Mushroom Rice Pilaf (vegetarian, vegan, gluten free, dairy free)

Chef's selection of vegetables (vegan, vegetarian)

Cheesecake

Starbucks Coffee Service

Ice Water

Friday, May 4, 2018

BBQ Dinner Buffet

Mixed Green Salad with Carrots & Cucumbers

Quinoa Salad with Diced Red Onion, Bell Peppers, Kalamata Olives, Feta Cheese,

Herb Vinaigrette (cheese on-side: vegetarian, vegan, gluten free, dairy free)

Chef's Selection of Dressing

Grilled BBQ Chicken (gluten free, dairy-free)

Baked Beans (gluten-free, dairy-free, vegetarian)

Chocolate Cake

Starbucks Coffee Service

Ice Water