

## **GENERAL INFORMATION**

For additional information about Utah's response to COVID-19, including information on services available to residents in need, visit <a href="https://jobs.utah.gov/covid19/index.html">https://jobs.utah.gov/covid19/index.html</a>.

#### **NATIONAL SUICIDE HOTLINE**

The National Suicide Prevention Lifeline is a 24/7, toll-free hotline available to anyone in suicidal crisis or emotional distress. Call 800-273-8255 for support or go to https://suicidepreventionlifeline.org/ chat/.

### DOMESTIC VIOLENCE HOTLINE

The National Domestic Violence Hotline can be reached at 800-799-7233. You can chat online with an advocate at <a href="https://www.thehotline.org">www.thehotline.org</a> or text LOVEIS to 22522.

# **FARMER CRISIS HOTLINE**

Farmers who are facing challenges during the pandemic can contact Farm Aid at 800-FARM-AID. More resources can be found at the National Farmers Union's Farm Crisis Center at <a href="https://farmcrisis.nfu.org/">https://farmcrisis.nfu.org/</a>.

# **COVID-19 COMMUNITY RESOURCES**

Utah

## **UNEMPLOYMENT**

Federal legislation has made unemployment benefits available to workers who may not have qualified before. To learn more and to apply, visit <a href="https://jobs.utah.gov/ui/home">https://jobs.utah.gov/ui/home</a>.



#### **SNAP**

For more information on Supplemental Nutrition Assistance Program (SNAP) benefits in Utah and to apply, visit



https://jobs.utah.gov/customereducation/services/foodstamps/.

## **UTILITIES ASSISTANCE**

For information on Utah's Home Energy Assistance Target program (HEAT), visit <a href="https://jobs.utah.gov/housing/scso/seal/heat.html">https://jobs.utah.gov/housing/scso/seal/heat.html</a>. Applicants can apply online at <a href="https://sealapp.utah.gov/index.do">https://sealapp.utah.gov/index.do</a> or over the phone by calling 866-205-4357.



## **RENT AND EVICTIONS**

Federal law has placed a moratorium on evictions from certain properties, including those backed by federal mortgages through Fannie Mae and Freddie Mac. To learn more, visit <a href="https://larsen.house.gov/uploadedfiles/covid\_toolkit\_3.30.20.pdf">https://larsen.house.gov/uploadedfiles/covid\_toolkit\_3.30.20.pdf</a>. This, however, does not apply to most private residences. For rental assistan

This, however, does not apply to most private residences. For rental assistance and housing help, visit: <a href="https://www.hud.gov/states/utah">https://www.hud.gov/states/utah</a>.

# **NUTRITION FOR WOMEN, INFANTS AND CHILDREN**

Information about WIC, including how to apply, can be found at <a href="https://wic.utah.gov/about/apply/">https://wic.utah.gov/about/apply/</a>. Federal law has waived the requirement for applicants to appear in person. Check with your local office to verify the application process.



## **CHILD CARE**

Information about child care assistance can be found at <a href="https://jobs.utah.gov/customereducation/services/childcare/index.html">https://jobs.utah.gov/customereducation/services/childcare/index.html</a>.



